



2825 S. Meridian Rd., Ste. 100
Meridian, ID 83642
www.shineonfit.com

Last Name _____

Date Signed _____

First Name

Last Name

Middle Initial

Address

City

State

Zip

Primary Phone Number

Work Phone

Birthdate

M

F

E-mail Address

In Case of Emergency, Call (Name)

Phone Number

Assumption of Risk: I understand that Shine will make no evaluation or recommendation as to whether I am sufficiently fit for any exercise activities, including but not limited to Special Forces Fitness, Shine Practice and all other Shine Fitness classes offered. Shine encourages all of its members to have yearly physical examinations with their doctor prior to and during their membership at Shine. I agree that there is an element of risk of injury or death associated with activities and exercises performed in the furtherance of physical fitness at Shine or using any of its facilities including free weights, classes, treadmill, barres and any other facilities, instruction or training. I am voluntarily participating in all of these activities and therefore assume all risks. I hereby for myself, my family, agents or representatives waive and forever discharge Shine Strong, LLC and any members, employees or instructors of such entities, from any and all claims, demands, lawsuits and actions resulting from injury or death due to the negligence or any other conduct of the above named persons.

Member Initials: _____

Release of Liability: I also release Shine Strong, LLC and any members, employees or agents, from any and all liability for any loss or theft of personal property upon the Shine premises or satellites due to the negligence of any other conduct of such entities or individuals.

Member Initials: _____ and/or Parent (Guardian) Initials: _____

Do you approve of Shine using your photo for social media and advertising? Initials: _____

BY SIGNING BELOW, I ACKNOWLEDGE THAT I HAVE CAREFULLY READ AND UNDERSTOOD ALL TERMS OF THIS AGREEMENT, INCLUDING THE RELEASE OF LIABILITY/ASSUMPTION OF RISKS.

Shine Representative

Member or Parent (Guardian)